## PE and Health Remote Learning Packet

#### Week 5

#### Grade K-2

Packets are to be completed when you receive a call stating that it is a "Remote Learning" day.

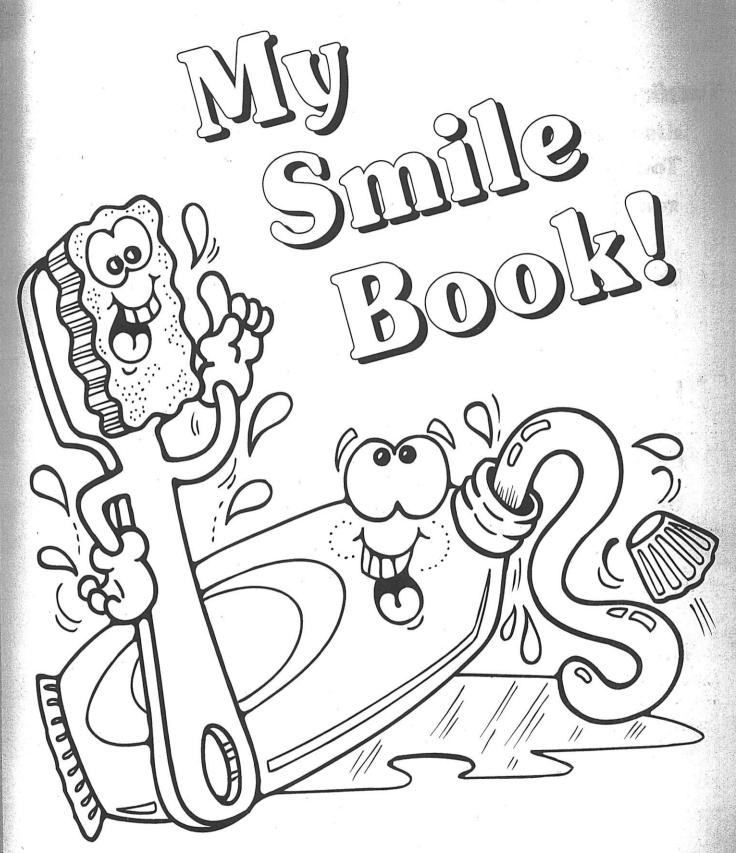
All work must be completed and returned to school the next day that we are in the building.

Packets will be graded and counted. Please make sure that you are completing the assignment for the correct day.

Please do not work ahead!

Student:		
Parent:	 Date:	 _

Day 1



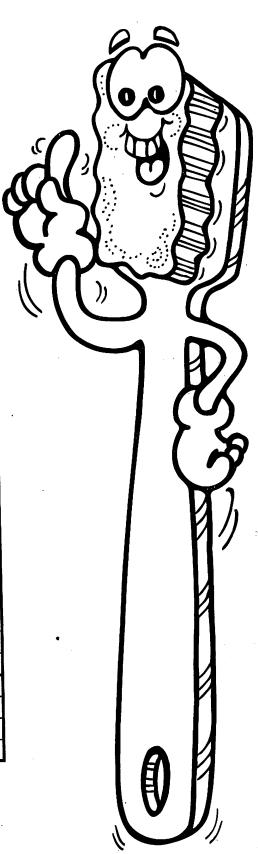
Name

# My Brushing Record

I	will	br	ush	at	these
	tim	es	eac	h	day:

Sun		Mon		Tues		Wed		Thurs		Fri		Sat	
Brush	Floss	Brush	Floss	Brush	Floss	Brush	Floss	Brush	Floss	Brush	Floss	Brush	Floss
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Color in each area of the chart when you brush and/or floss your teeth.



### Day 3

### How Many Teeth?

Most small children have 20 teeth. When these teeth are lost, they are replaced with 32 permanent teeth.

Incisors	
Cuspids	
First Molars	
Second Molars Check off	
Second Molars  First Molars  lost!	
Cuspids —	
Incisors	
I have this many teeth:	
I have lost this many teeth:	
It's important to have regular dental visits!	
My last dental visit was	
My next dental visit will be	

### My Brushing Supplies

The first thing I need to do is check my supplies!

- Toothbrush is in good shape and ready to use!
- Toothbrush is worn out!

  (Ask your parent to buy you a new one.)
- I have fluoride toothpaste!
- I need to ask a parent to buy me some fluoride toothpaste!
- I have dental floss!
- I need to get some dental floss!

